

CI and Performative Presence - Weekend workshop with Tal Shibi 18-19 May 2019



We all have the desire to be seen and understood, to be accepted for our unique expression.

In this workshop we will blend our ability to improvise on our own and within a group with skills and touch rooted in Contact Improvisation.

We will tease out our solo dances and practice our ability for creating and composing our solos on the spot.

To support our solo practice we will use the group and each other as supportive eyes as well as use tools from CI to further encourage our dancing through touch. We will raise both the question of How to dance in regards to expanding the range of our skills and our ability to use them, as well as working with the question of "Why we move?"

By finding more clarity around motivations for dance we will discover deeper layers of what might be used as our fuel for movement.

We will create terminology which will shine a light on some useful tools used in the movement language of CI. Using these tools we will practice simple and satisfying ways to have engaging, interesting, and dynamic dancing.

Here are some of the elements we will work with:

- * Gaining experience and terminology that makes Contact Improvisation a satisfying and clear movement language to experiment and communicate with.

* Better understanding of how to engage our mass and weight with our partner in a way that can keep on traveling.

*Opening doorways into our solo body (find our interest and pleasure in our dance)

* Uncovering what might block us from showing our selves and "showing up"

*Creating clear language for practicing presence in movement.

*Introducing the use of scores and score making as a fun way to create material for movement and self expression.

If you have been wishing to explore more of your solo body (the fun dance with your self), expand your knowledge and skill of contact improvisation, get in touch with your inner movement improvisation rockstar, or just granting yourself the gift of permission in showing and practicing your unique dancing self; then come dance with us!

This practice is for any dancer- mover- creative- mind- body (all levels welcome) interested in exploring dance and performance, as a way to investigate and enhance presence, self worth, and practicing our unique expression.

About the teacher:

Tal has found his “movement home” in the ongoing living play and art form which is the practice of Contact Improvisation. He views it as a tool for creative living and satisfying human interactions. He is fascinated with the infinite possibilities of the body becoming an expressive medium. Tal enjoys sharing his passion for movement and dance through the practice of CI as well movement improvisation for various performance projects. He has been teaching for the past 10 years including workshops and classes held in Israel, Greece, Germany, Thailand, Budapest, Norway and the U.S. Tal is a Shiatsu

and Watsu (body-work in the water) therapist, and is a graduate of the Movement department (with an emphasis on choreography) at the Jerusalem Academy of Music and Dance.

More info on teaching and works: talshibi.com



Schedule:

Saturday 18 May: 10-18 workshop (lunch break 13-14:30)

Sunday 19 May: 10-16 workshop (lunch break 13-14)

For the lunch break you can bring your own food, or buy some sandwiches not so far from the venue.

On Sunday 19th May right after the workshop there is a jam for everyone with Tal as warm-up facilitator.

Warm-up 16.15-17, jam 17-19.

Fee:

Early birds who register and pay latest 4th May:

Sliding scale SEK 600 (unwaged) SEK 900 (low waged) SEK 1200 (waged).

After that date the scale will be SEK 700 (unwaged) SEK 1000 (low waged) SEK 1300 (waged).

Venue:

The workshop will take place at Kompani 415,
Marketenterivägen 1, 415 28 Göteborg.

Look for a big yellow wooden house. The space: <http://kompani415.se/event/>

Car: Free parking right in front of the building.

Tram: Ten minutes walk from the tram stop Bellevue

Bus: Three minutes walk from the bus stop Brovägen. 15 min from center Göteborg

Sign up:

NOTE: Limited places!

To reserve your place, please first contact the Göteborg contact collective at gbg.cic@gmail.com.

Your registration is valid once we have received your transfer of the full fee to the following account:

Account holder: Carine Cassia

Account number: 5694 04 676 29

Clearing number: 5694

IBAN: SE03500000000056940467629

BIC: ESSESESS

Bank: SEB (Skandinaviska Enskilda Banken).

Don't forget to put **your name** and what the payment is for ("WS Tal" for example) in the payment reference.

Registration deadline: 15 May 2019

Cancellation latest 16 May.

Welcome !!!